

WAIVER OF LIABILITY

THIS IS AN IMPORTANT LEGAL DOCUMENT. READ CAREFULLY BEFORE SIGNING.

In consideration of acceptance of my entry into the 8th Annual Thank You Run, I, for myself, my heirs, my executors, my administrators, my trustees, and any and all successors in interest, fully and forever waive and release any and all rights and claims for any injuries and damages, including but not limited to demands or actions for negligence, premises liability, emotional injury, intentional conduct, resulting in unintended injury or damage tort claims, any other actions or demands of whatsoever nature, to the fullest extent permitted by law, I may have against (1) 8th Annual Thank You Run; (2) 4S Ranch Community Park; (3) San Diego; (4) USA Track & Field; (5) Southern California Association/ USATF; (6) all sponsors of the 7th Annual Thank You Run; (7) High Performance Movement and (8) all employees, principals, directors, shareholders, agents, members, managers, affiliates, volunteers, officials, and representatives acting for or on behalf of any of these entities.

I acknowledge that I am aware of the inherent risks involved in the event, and I voluntarily assume these risks. I understand it is against rules to wear headphones, cell phone, or any other device that will play music. I attest and verify that I am physically fit and I have sufficiently trained for the competition in the 8th Annual Thank You Run, and that a medical doctor has verified my physical condition. As a condition of my participation in this Event, I hereby grant 8th Annual Thank You Run a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information (collectively, Likeness), in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the Event, USATF, or the sport of Athletics. The foregoing grant, however, does not constitute consent to use my Likeness in an endorsement of any product or service without my specific written consent.

The 8th Annual Thank You Run reserves the right to reject my entry and further reserves the right to change the details of the event without prior notice. I understand that my entry fee is non-refundable and that USATF membership numbers are not transferable.

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Signature of Participant/or Parent/Guardian

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Date:

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Print Name